

Cordico Trusted Wellness Solutions

24/7 Support

Confidential Support for Your People

Ease of Use

In-Hand, On-Demand, Push-of-Button

Best Quality

Most Comprehensive and Trusted Wellness Resources

Customized

Strengthens YOUR Wellness Culture

Innovative

Continuously Updated to Keep You Cutting-Edge

"I'm very impressed with what Cordico is doing to support our first responders. Take a look at what Cordico is offering for law enforcement, firefighters, EMS, and dispatchers. I think you too will be impressed."



Gordon Graham
Lexipol Founder
Risk Management Expert

GuardianNET



8:24



The Future
of Firefighter
Wellness

Customized Firefighter Wellness Apps

Learn more at
www.cordico.com

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WELLNESS TOOLS

- Alcohol Abuse
- Anger Management
- Behavioral Health Tools
- Critical Incidents
- Chaplain Support
- Compassion Fatigue
- Depression
- Emotional Health
- Family Support
- Financial Fitness
- Firefighter Wellness
- Grief and Loss
- Healthy Habits
- Injury Prevention
- Mental Toughness
- Mindfulness
- New Hire: Keys to Wellness
- Nutrition
- Peak Performance
- Peer Support
- Physical Fitness
- Psychological First Aid
- PTSD and PTSI
- Push Notifications (Optional)
- Relationship Success
- Resilience Development
- Retirement: Getting Prepared
- Self-Care Checklists
- Sleep Optimization
- Stress Management
- Stress Response
- Suicide Prevention
- Supporting Children Who Fear for Your Safety
- Teletherapy Portal (Optional)
- Therapist Finder
- Trauma
- Wellness Self-Assessment Tools
- Wellness Videos
- Work-Life Balance



Watch the CordicoFire Demo Video

<https://www.cordico.com/app-demo-video/>



Request a Live CordicoFire Webinar Demo

<https://www.cordico.com/webinar/>



Learn more about CordicoFire

<https://www.cordico.com/fire/>

"The Cordico app has been a game changer for our fire department. This app puts a wealth of information and – most importantly – personal help at our firefighters' fingertips to keep them mentally healthy. I have received numerous personal "thank-yous" from our firefighters since contracting with Cordico."



Chief Kris Concepcion
Fire Chief
Vacaville Fire Department

Firefighter suicides outnumber all combined line-of-duty deaths.¹

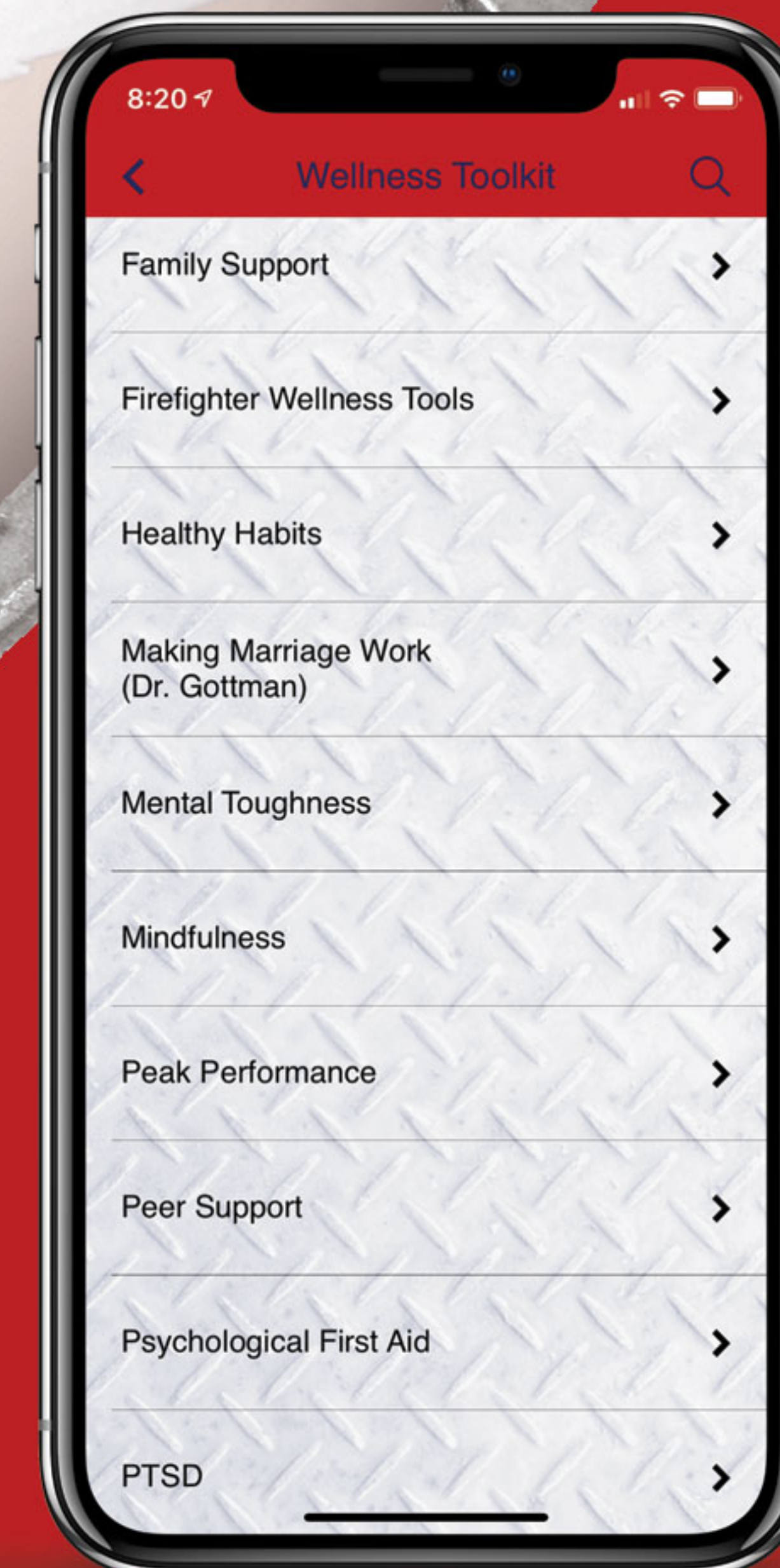
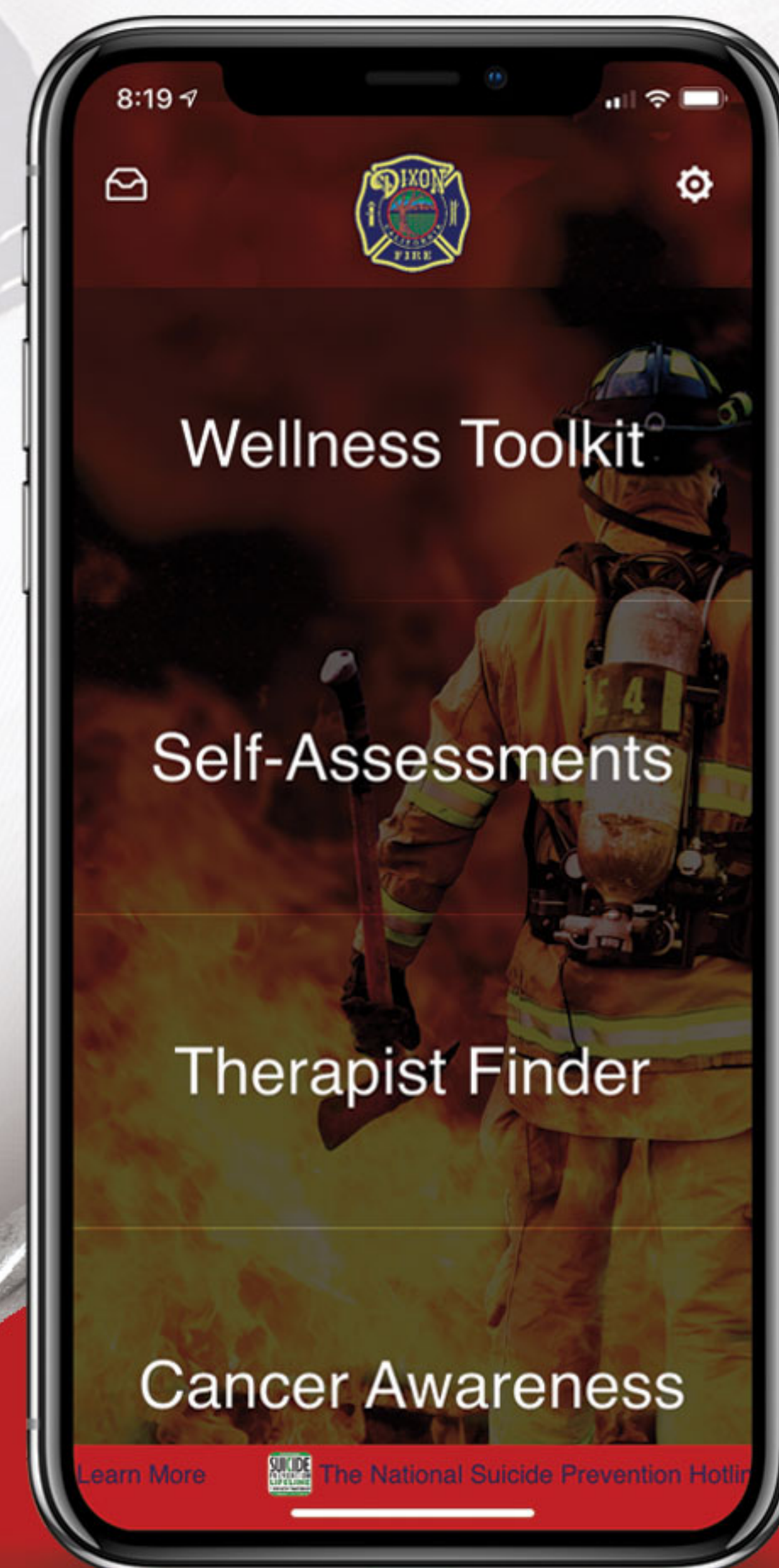
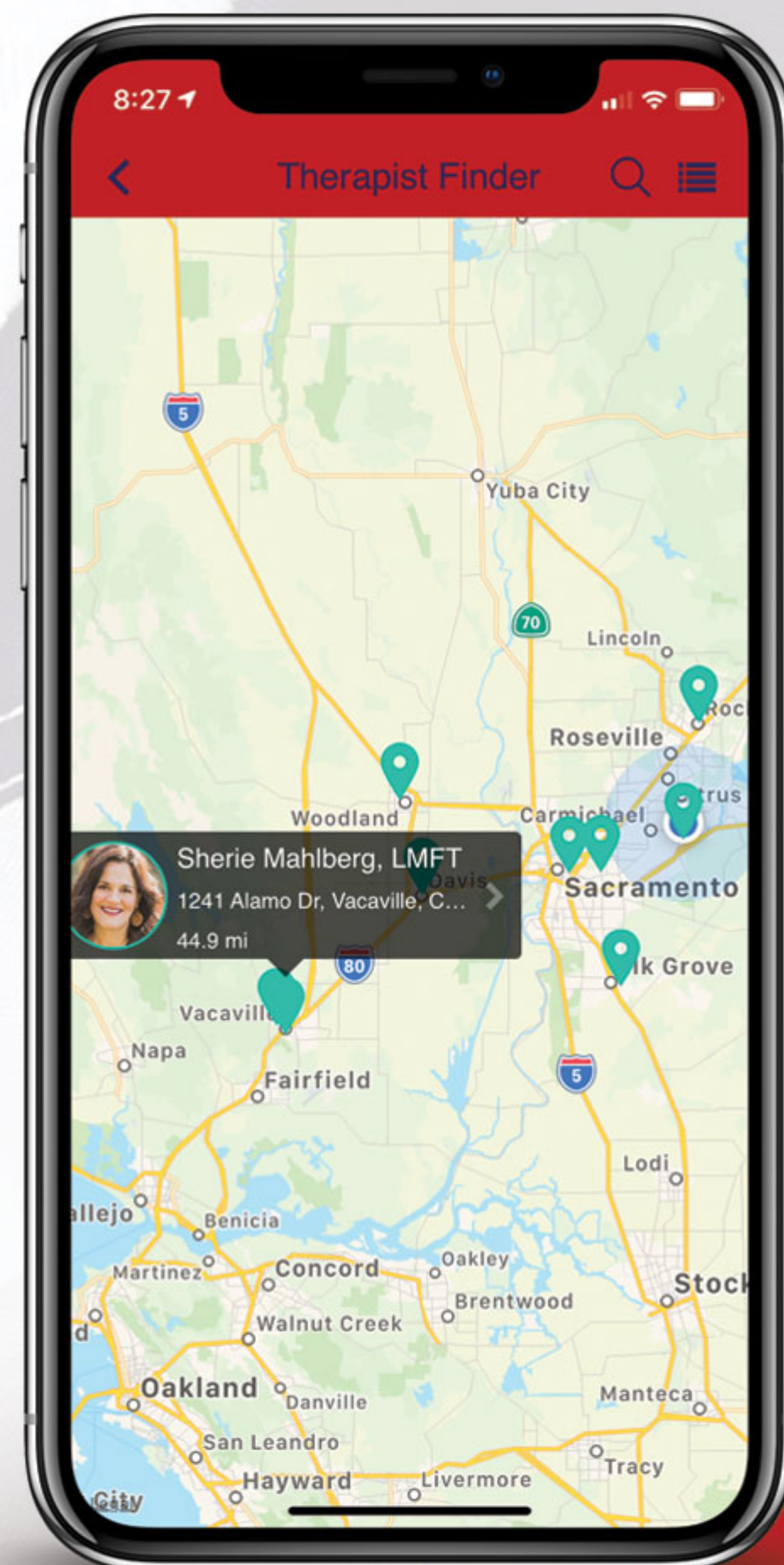
Firefighters suffer from high rates of mental disorders, with rates of PTSD, depression and heavy drinking continuing to rise in a linear manner with each additional trauma exposure.²

Health care expenditures are nearly 50% greater for workers who report high levels of stress.³

"Assuring firefighters and other responders are emotionally prepared to take care of the public, when the public is having the worst day of their lives, is what keeps fire chiefs up at night – this unique and very affordable solution from Cordico benefits the firefighters, the responders, the public, and the community's leadership. It's truly a win-win."



Chief Billy Goldfeder, Firefighter Safety, Health & Survival Subject Matter Expert
Former Chair of the IAFC's Safety, Health & Survival Section



¹ <https://www.usatoday.com/story/news/2018/04/11/officers-firefighters-suicides-study/503735002/>

² <https://www.ncbi.nlm.nih.gov/pubmed/26607303>

³ Journal of Occupational and Environmental Medicine <https://www.cdc.gov/niosh/docs/99-101/default.html>